

## SOUTH AFRICA

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South Africa is often described as *“a world in one country”* and is one of the most culturally diverse countries in the world. South Africa is enriched with fascinating experiences, world renowned people and a variety of places that must be visited! From watching the big five in one of the world’s biggest national parks to enjoying a relaxing time at our blue flag beaches. You can choose to sift through our unmatched cultural and wine routes or you can opt to learn a lot through our world heritage sites. You can watch whales doing acrobatics at the world’s whale watching capital or come up close and personal with the great whites or simply take part in any of the endless adrenalin pumping adventure sports that we offer in the air, sea or on land. South Africa has a wide range of world class accommodation available to the discerning traveler.



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## Beach – Bush

### CAPE TOWN (3 NIGHTS)

#### CAPE TOWN

Cape Town, commonly referred to as “The Mother City”, is located at the foot of Africa on the peninsula that divides the Atlantic and Indian Oceans. Africa's most beautiful metropolis nestles alongside Table Bay, cradled by the crescent of hills that flank the iconic Table Mountain. It is the seat of South African Parliament, and its second largest city. Cape Town's unique setting means that it can be enjoyed from various vantage points: Table Mountain and Lion's Head provide breathtaking vistas over the city bowl and the Cape peninsula with its beautiful beaches; trips to Robben Island offer a dramatic sweep of scenery across to Table Bay; and harbor tours and old buildings await exploration at the cosmopolitan Waterfront. Many scenic routes meander along magnificent stretches of coastline and inland terrain leading to special places like Cape Point, the meeting place of the cold Benguela and warm Mozambique currents, and Chapman's Peak boasts one of the most picturesque drives in the country. It is a city with four distinct seasons, each working its particular magic on Cape Town and bringing with it a flood of associations - summer and white sandy beaches, autumn's crisp colors, the ferocity of stormy seas in winter, and spring's show of Cape *fynbos* flowers. This vast combination of culture, history and scenery leads to an unforgettable experience. Its reputation as one of the world's most popular holiday destinations makes it a highly cosmopolitan city.





## ACCOMMODATION TABLE BAY HOTEL

The Table Bay Hotel is located on Cape Town's Victoria & Alfred Waterfront. It is in perfect harmony with the backdrop of Table Mountain, the historic working harbour and the yacht.bay.

### Facilities

The Table Bay Hotel offers the following facilities:

- Gymnasium
- The Health Spa
- The Business Centre.

### Dining – Restaurants and bar:

- The Atlantic Restaurant
- The Conservatory and Union Bar
- The Lounge
- The Pool Restaurant.

### Accommodation

The Table Hotel has a total of 329 rooms.

### Room amenities:

- Direct private line – fax and modem.
- 24 hour – in room – dining.



### CAPE PENINSULA TOUR:

Guests depart by coach with a drive along scenic Chapman's Peak Drive towards the Cape of Good Hope Nature Reserve where you can stand at the most South Westerly tip of Africa, view the legendary meeting points of the Atlantic and Indian Oceans.

Once entering the Cape of Good Hope Nature Reserve, highlights include:

- **Cape of Good Hope Nature Reserve**, rich in historical significance and offering an abundance of natural beauty. This is home to more than 2200 plant species and various birds and mammals, including antelope, baboon, ostrich, land based- and seabirds.
- **Cape Point** one of the most dramatic and scenic locations in the Western Cape.
- **Cape of Good Hope** is the most south-westerly point on the African continent. Your exact location when you are standing here is 18° East and 34° South.



After visiting the Cape of Good Hope nature reserve proceed to the Boulders Beach Penguin Colony which is home to 5000 African Penguins. Here we will also have an opportunity to go for a swim if time and weather allows.

Visit the Jackass **Penguin Colony at Boulders Beach**. Almost 3000 African (jackass) penguins, so called because their call resembles the bray of a donkey, reign supreme amidst rounded rocks and fish-filled False Bay.



## ROBBEN ISLAND TOUR (weather permitting: 09:00)



Robben Island tour is 3.5 hours long, including the half-hour return ferry rides, weather permitting, from The Clock tower at the V & A Waterfront in Cape Town. The image we have of Robben Island today is as a place of triumph. For nearly 400 years, Robben Island, 12 kilometres from Cape Town, was a place of banishment, exile, isolation and imprisonment. In 1961, South Africa's most notorious prison was established on Robben Island. Political prisoners of the anti-apartheid movement were kept here together with hardened criminals. The most prominent inmate was **Nelson Mandela**, who later became the first President of the new democratic South Africa. Here Mandela spent 27 years of his life in a tiny cell of 5 square metres. Today, however, Robben Island also tells us about victory over Apartheid and other human rights abuses.

Tour includes:

- A return boat trip across Table Bay
- A 45-minute bus ride with a guide providing commentary
- Visit the infamous Maximum Security Prison and Interaction with an ex-political prisoner
- The opportunity to explore the Murray's Bay Harbour precinct attractions, the Muslim shrine, kramat, and the Museum Shop.

**After their visit to Robben Island, guests will be transferred by luxury coach to the Winelands.**

### **PICNIC LUNCH AT A WINE ESTATE**

Guests enjoy a picnic lunch on the lawns of the estate. The picnic will be fully set up on arrival, including blankets, cushions and drinks waiting on ice. Wicker baskets will be served and they will be filled with gourmet goodies such as cold meats, salads, local cheeses and mouth-watering fruits.



**Rickety Bridge Wine Estate for a private wine tasting & blending experience.**

### **RICKETY BRIDGE, FRANSCHHOEK COUNTRY ESTATE:**

Rickety Bridge Wine Estate has a winemaking history dating back to the 17th century. It was part of the original La Provence farm granted to the first French Huguenots who settled in Oliphantshoek and renamed the area, Franschhoek. Over the years La Provence was subdivided and in 1797 the land which is now known as Rickety Bridge was granted to the widow, Paulina De Villiers. The lower flatland of the estate is covered by sandy soils being close the Franschhoek River which crosses in front of the estate's lower border. The hillside provides the estate with decomposed granite soils which are ideal for growing high quality red grapes required for producing premium red wine.





### Optional Cape Town activities

- Township Tour (morning or afternoon)
- Cape Town Orientation Tour (morning or afternoon)
- Shopping at the V&A Water front
- Shopping at Green Market Square
- Seal Island Tour
- Kirstenbosch National Botanical Garden
- Two Oceans Aquarium
- Cheetah Outreach
- Morning Spa session (various Spa options available)
- Table Mountain Aerial Cableway
- Cultural Tour – Township interactive experience
- Shark Cage Diving

#### TOWNSHIP TOUR (morning or afternoon)

- Drive through District Six
- The District Six Museum - If open\*
- Visit a creche offering fun and a safe haven for local children\*
- Langa: local market, arts & crafts
- Visit a traditional healer
- Bonteheuwel
- Gugulethu: Gugulethu Seven Memorial & Amy Biehl Memorial
- Nyanga & Khayelitsha
- Crossroads
- Experience a local community church on Sunday (optional)\*



#### CAPE TOWN CITY ORIENTATION TOUR

A comprehensive city orientation tour with a visit to the Bo Kaap which is the oldest residential area in Cape Town and the traditional Malay Quarter and learn about the effects of apartheid on the residents of District Six. A visit to the city centre, Company Gardens and Castle of Good Hope. The Castle of Good Hope is the oldest surviving building in South Africa. Built between 1666 and 1679, this pentagonal fortification replaced a small clay and timber fort built by Commander Jan van Riebeeck in 1652 upon establishing a maritime replenishment station at the Cape of Good Hope for the Dutch East India Company, better known as the VOC (Verenigde Oos-Indische Compagnie).





#### SHOPPING AT V&A WATERFRONT:

One of Cape Town's biggest tourist attractions, the Waterfront evokes images of the early activities of the harbour. Much of its charm lies in the fact that this busy commercial harbour is set in the midst of a huge entertainment venue with pubs, restaurants, specialty shops, craft markets, theatres and movies.

#### SHOPPING AT GREEN MARKET SQUARE:

Greenmarket Square, nestled in the heart of the Central Business District of Cape Town, has seen a vast mix of cultures pass over its ancient cobbles.

**History:** This area has served as a slave market, a fruit and vegetable market (hence the name Greenmarket Square) and in the late 50's as a popular parking lot. It wasn't until the early 80's that Bob Hayward had the vision to transform the Square into a viable trading venue for the informal sector. These humble beginnings saw only a handful of traders brave the elements twice a week on a small section of the Square, but it was not long before it grew to become an extremely popular flea market for crafters to reap the rewards for all their efforts. Within a few years it became necessary to expand the market to its present state as more and more people realised that Greenmarket Square offered a perfect opportunity to earn a living amidst the friendly, vibrant, cosmopolitan atmosphere, but also by buskers, drummers, jugglers and mime artists. Due to the success of the flea market, other forms of business began to prosper, and today there is still an abundance of coffee shops, restaurants and hotels bordering on the Square, convenient for customers who need to relax after the rigors of shopping.



#### SEAL ISLAND TOUR FROM HOUT BAY (45min)

Situated only 8 nautical miles (about 16kms) from Simon's Town, Seal Island is home to 75,000 Cape Fur Seals, 24 different bird species and the hunting ground of the Great White Shark. En route to the island the views are truly spectacular, with Cape Point in the distance to your right, Table Mountain and the Constantia wine route to your left and ahead, the majestic Hottentot's Holland mountain range. Dolphins, Humpback whales and Brydes may come to entertain guests in the waves.



**KIRSTENBOSCH NATIONAL BOTANICAL GARDEN** is world renowned for the beauty and diversity of the Cape flora it displays and for the magnificence of its setting against the eastern slopes of Table Mountain. Kirstenbosch grows only indigenous South African plants. The Kirstenbosch estate covers 528 hectares of land and supports a diverse fynbos flora and natural forest.





**TWO OCEANS AQUARIUM** The southern tip of the African continent is the meeting place of two mighty and bountiful oceans, the Indian and the Atlantic. The Two Oceans Aquarium on the V&A Waterfront, Cape Town is ideally positioned to showcase the incredible diversity of marine life found in these two oceans. The Aquarium is one of the top tourist attractions in Cape Town and over 3000 living sea animals, including sharks, fishes, turtles and penguins can be seen in this spectacular underwater nature reserve.

**CHEETAH OUTREACH** The Cheetah Outreach is an education and community-based programme created to raise awareness of the plight of the cheetah and to campaign for its survival. Guests can spend time with these beautiful creatures – the fastest land animal on earth!



**MORNING SPA SESSION AT THE HOTEL'S SPA WITH LUNCH AT THE RESTAURANT**



**TABLE MOUNTAIN AERIAL CABLEWAY**

The best views of Cape Town are seen from the top of **Table Mountain**. The Cableway arrives at the summit in less than 10 minutes and the cable car's rotating floor ensures that all passengers get a 360 degree aerial view of the city. The panorama stretches from Table Bay to False Bay and around the mountain to the Hout Bay Valley and Kommetjie.



**CULTURAL TOUR – TOWNSHIP INTERACTIVE EXPERIENCE:**

Accompanied by an accredited guide who knows the townships we visit well, guests will visit selected local hosts who share a bit of their way of life with us. The focus of this experience is on the every day real life in Langa, Gugulethu or Khayelitsha. This includes meeting the people of the area in authentic situations, visiting uplifting self-help projects that boast funky products, experiencing the creativity, learning about the socio-economic successes despite the challenges of the past and present, as well as gaining an overview of future developments in the areas.

A definite highlight is the opportunity for guests to have their face painted in traditional Xhosa style and then to try their own hand at it. A traditional snack and/or drink at a local family home or local restaurant, concludes a fabulous and warm “township” experience.



**SHARK CAGE DIVING** – dependent on the time of year, this activity will take place either in Simon’s town, Cape Town, or in Gansbaai, about 2.5 hours from Cape Town, and therefore this is a full day activity.



**Example for Gansbaai Shark Cage Diving Experience:**

Great White Shark cage diving at Gansbaai is done in a narrow channel called Shark Alley, which is the open stretch of water between Dyer Island and nearby Geyser Island.

This is a truly unique and exhilarating opportunity to witness the famous Great White sharks.

This tour includes cage diving but is foregone by first witnessing early morning natural predation (white sharks hunting down Cape fur seals). The Great White Shark is a surface feeder and thus all the activity takes place on or very close to the surface, due to this, the surface viewing from the boat is excellent.

Please note: Great white sharks are wild animals and sightings can never be guaranteed.

**Shark Cage Diving Tour Itinerary:**

- 04.30 - 05.30am: Pick up in Cape Town
- 07.30 - 08.15am: Breakfast and briefing (overview of day)
- 08.30 - 09.00: Launch
- 09.30am: Anchor at dive spot and start diving (3 to 4 hours)
- 1.00pm - 2.00pm: Return back to Gansbaai harbour and transfer to Hermanus Restaurant
- 2.00pm - 3.00pm: Lunch at Bientang’s Cave Restaurant
- 4.30pm - 5.00pm: Transfer Back in Cape Town

### PHINDA PRIVATE GAME RESERVE (3 NIGHTS)

Phinda Private Game Reserve encompasses an impressive 23 000 hectares (56 800 acres) of prime wilderness land in KwaZulu-Natal, South Africa. Showcasing one of the continent's finest game viewing experiences Phinda features Africa's Big Five (lion, leopard, elephant, buffalo and rhino), endangered black rhino, and 415 bird species.



Phinda is described as “Seven Worlds of Wonder”, with its seven distinct habitats - a magnificent tapestry of woodland, grassland, wetland and forest, interspersed with mountain ranges, river courses, marshes and pans waiting to be discovered. The Reserve is also home to 1 000 hectares of Africa's remaining rare dry sand forest.

Situated within close proximity of the warm waters of the Indian Ocean, Phinda is also located within easy reach of the iSimangaliso/Greater St Lucia Wetland Park, a lush conservation area that has earned World Heritage Site status. With unspoiled beaches and spectacular reefs nearby, and an abundance of wildlife, Phinda offers guests the perfect bush and beach adventure.



## ACCOMMODATION PHINDA GAME RESERVE – MOUNTAIN LODGE

### PHINDA PRIVATE GAME RESERVE – MOUNTAIN LODGE

Meaning “The Return” in Zulu, “Phinda” is an exemplary example of successful responsible tourism - firstly restoring misused farmland to its pristine state over 16 years ago, restocking it with the Big Five and other wildlife and developing it into an award-winning ecotourism destination; and now returning the land to its ancestral owners. Phinda enjoys a lush green environment that contains seven distinct ecosystems - a magnificent tapestry of woodland, grassland, wetland and forest, interspersed with mountain ranges, rivercourses, marshes and pans.



#### Accommodation:

25 split-level suites crest the mountain’s edge, offering breathtaking raptor’s-eye views of the Reserve below. This much-loved lodge has recently been rebuilt and refurbished, and each luxurious suite now boasts with a romantic ensuite bathroom, private lounge area, and spacious veranda complete with private plunge pool and outdoor shower. The guest area is a magnificent u-shaped building with central al fresco courtyard.



#### Dining:

Delicious Pan African meals can be enjoyed in the remarkable stone and reed boma, romantically illuminated by dozens of candles and lanterns, or savoured in a spectacular clearing in the bush under an umbrella of twinkling stars.

#### DINNER IN THE BOMA:

Enjoy dinner under the African skies. Boma, which is a traditional reed enclosure, circular in shape and set up in the wilderness, open to the African sky. This venue is designed with blazing bonfires, ethnic tables and benches and burning lanterns. A traditional African BBQ dinner is prepared on open fires. This is raw Africa at its best – definitely an unforgettable evening.



Guests will enjoy early morning and afternoon game drives in the bush.

